

EXERCISE: PERSONALITY ASSESSMENT REVIEW

In this exercise, review your personality assessment results from 16Personalities. As you reflect upon your personality type, aspect, role and strategy, write down your thoughts about the results for each category. Were there any surprises? Are there details that seem particularly relevant to your role as a business founder? Do you recognize any direct connections to the work you have chosen to do?

1. What is your personality type?

Adventurer	Advocate	Architect	Campaigner
Commander	Consul	Debater	Defender
Entertainer	Entrepreneur	Executive	Logician
Logistician	Mediator	Protagonist	Virtuoso

2. Do your personality type and the way the assessment describes you ring true? What are your initial thoughts about the results?

3. What is your personality aspect in the MIND category?

Extroverted Introverted

4. Do your personality aspect in the MIND category and the way the assessment describes you ring true? What are your initial thoughts about this result?

5. What is your personality aspect in the ENERGY category?

Intuitive Observant

6. Do your personality aspect in the ENERGY category and the way the assessment describes you ring true? What are your initial thoughts about this result?

7. What is your personality aspect in the NATURE category?

Feeling Thinking

8. Do your personality aspect in the NATURE category and the way the assessment describes you ring true? What are your initial thoughts about this result?

EXERCISE: PERSONALITY ASSESSMENT REVIEW (CONTINUED)

9. What is your personality aspect in the TACTICS category?

Judging Prospecting

10. Do your personality aspect in the TACTICS category and the way the assessment describes you ring true? What are your initial thoughts about this result?

11. What is your personality aspect in the IDENTITY category?

Assertive Turbulent

12. Do your personality aspect in the IDENTITY category and the way the assessment describes you ring true? What are your initial thoughts about this result?

13. What is your personality role?

Analyst Diplomat Explorer Sentinel

14. Do your personality role and the way the assessment describes you ring true? What are your initial thoughts about this result?

15. What is your personality strategy?

Confident Individualism
Constant Improvement
People Mastery
Social Engagement

16. Do your personality strategy and the way the assessment describes you ring true? What are your initial thoughts about this result?

17. What is your personality aspect in the TACTICS category?

Judging Prospecting